Operating a safe, healthy work environment is more important than ever. Occupational health exposures not only adversely affect employee health and well-being, but can also lead to a shutdown of work processes/procedures and business interruption, resulting in a significant impact on the performance of your business.
PMA Industrial Hygiene Services has a range of resources and services to help you anticipate, recognize, evaluate and control occupational exposures in your work environment.

PMA follows recognized industry practices in accordance with OSHA standards and National Institute for Occupational Safety and Health (NIOSH) sampling and analytical methods. All work is performed or reviewed by our board-certified industrial hygienists. Industrial hygiene analytical work is performed by laboratories accredited through the American Industrial Hygiene Association.

**Industrial Hygiene Services Available from PMA Companies**

**Workplace and Work-Practice Evaluations**

Our workplace environmental assessments include discussions and facility walk-throughs. We identify at-risk exposure activities and provide solutions related to manufacturing processes, equipment maintenance, work practices, housekeeping and high-risk behaviors.

**Exposure Monitoring**

This work environment evaluation identifies and quantifies the hazards employees are exposed to, in accordance with recognized industry best practices. Based upon sampling results, we recommend solutions, such as improved ventilation, product substitution, work practice modifications and the use of personal protective equipment.

**Real-Time Exposure Monitoring**

This sampling technique provides instantaneous results, eliminates lab fees and allows us to more accurately link the exposure with specific work activity. Real-time results identify the peak or significant exposure event, enabling you to implement specific solutions and eliminate or minimize the exposure risk.
Indoor Air Quality (IAQ) Evaluations

IAQ has become a major concern in office buildings and manufacturing facilities. PMA provides on-site investigations to help identify the solution. We provide an assessment of occupational exposures and practical, actionable recommendations.

Occupational Noise Surveys

We offer facility sound level measurements and employee noise dosimetry testing to help you identify high noise level work areas and activities. We recommend control measures to eliminate or reduce the noise source and protect your employees from hazardous noise levels.

Ventilation Control Assessments

Assessing ventilation controls can be a complicated endeavor. However, PMA has the expertise to conduct a thorough, effective evaluation. We identify ventilation deficiencies and provide solutions—recommendations for control measures.

Technical Research Capabilities

PMA has access to carefully selected industrial hygiene databases. At our clients’ request, our Industrial Hygienist can conduct an expert review of technical and scholarly journal articles, and manuals on industrial hygiene and chemical health and safety issues. The research can help provide realistic solutions and ideas for our clients’ needs.

PMA’s Approach to Industrial Hygiene Services

• Phase 1
  Our approach is truly consultative, starting with an initial dialogue to help us accurately diagnose the exposure. Taking the time up front to understand your operations and specific challenges helps us to develop the right solution for you and your employees.

• Phase 2
  Next, we conduct specific employee exposure assessments to quantify workplace exposures and gauge the effectiveness of the various work process controls.

• Phase 3
  Based upon the assessment, we present clear and concise data interpretation and recommendations for improvements in report format. The report provides an integrated improvement plan to assist you in deciding a course of action that protects worker health, lowers the cost of risk–and improves return on investment.

• Phase 4
  Your PMA Risk Control Consultant and Certified Industrial Hygienist are here to help and look forward to working with you.
About PMA Companies

PMA Companies (www.pmacompanies.com) provides risk management solutions and services in the U.S., specializing in workers’ compensation for larger accounts.

Headquartered in Blue Bell, PA, PMA Companies is part of the Old Republic General Insurance Group (www.oldrepublicinsurancegroup.com), the largest business segment within Old Republic International (NYSE: ORI), one of the nation’s 50 largest publicly held insurance organizations.

PMA Companies includes:

- PMA Insurance Group, specializing in workers’ compensation, and providing other commercial property & casualty insurance products
- PMA Management Corp. and PMA Management Corp. of New England, providing results-driven TPA and Risk Services specializing in workers’ compensation and liability

Here to Help®

Have a question about PMA’s Organizational Safety Perception Survey? PMA’s Here to Help provides a direct email connection (HeretoHelp@pmagroup.com) to our experienced risk control specialists who will field your questions and help you find the answers you need to manage your workforce more effectively—and safely.

Already a PMA Client?

You can access PMA Websource, our online web portal of risk control resources, at http://websource.pmagroup.com. You will need to enter your PMA account number and provide your email address. If this is your first visit to the portal, you will also need to create a personal password.